



# THE CAMPUS HERALD

A BI-WEEKLY NEWSPAPER DEDICATED TO SERVING THE UNIVERSITY COMMUNITY

## Rain or Shine, School Spirit Radiates

by: Diana Brewer  
Undergraduate Student Assembly  
President

**What do you get when you mix New Orleans style cajun music, lots of rain, school spirit, and over 1,200 people?**

Johnson & Wales' 1995 Family Weekend and first annual Homecoming celebration. The weekend was kicked-off at the Johnson & Wales Inn with an alumni reception where alumni could reunite with old friends, professors, and staff members.

Following the reception, alumni, parents, and students were entertained and mesmerized as Jim Wand hypnotized students and family members: The group was also serenaded by Garth Brooks (alias Rob Dearstine) and other hilarious antics that kept everyone laughing.

Saturday morning started dryly and families were able to enjoy breakfast while talking with faculty from Business and Hospitality colleges, and the College of Culinary Arts.

Activities were moved to the downtown campus, where over 25

dorms, clubs, and Greek organizations braved the heavy wind and rain showing their school spirit to die-hard parents and community members as they marched down Weybosset Street to be judged on which group was best.

The parade was lead by a horse and buggy carrying our distinguished

grand marshalls; Dr. Morris J.W. Gaebe, J&W Chancellor and Chairman of the Board; Jeannie Coolum, a 1947 J&W Alumnus; and Tina Harrison, a Graduate Assistant in the Financial Aid Office. The Easter Bunny, a sailboat, Mt. Olympus, international flags, dancers, and a globe were just some of

the entries that made their way down the parade route.

The winners of the parade were: Dr. John Yena Community Service Award: Theta Phi Alpha; Dr. John Bowen Griffin Spirit Award: Hit Squad; Dr. Christopher DelSesto Culutural Diversity Award: National Student Organizations and Latino American Club; Alumni Award: Residence Hall: South Hall, Club: Hit Squad, Greeks: Sigma Delta Tau. Division Winners: Residence Hall: McNulty Hall, Club: Student Alumni Association, and Greeks: Sigma Sigma Sigma.

Congratulations to Marlon Web King, Rebecca Pina who were crowned king and queen.

I would like to thank all the students who came out and participated despite the natural elements, as well as all the members of student activities and USA, without all your enthusiasm this first annual Homecoming Parade would not have been a success. I have never seen such a grand display of student spirit in my three years here at JWU.



Students gathered after the homecoming parade to claim their prizes.

## Equine Students Ride Away Winners



Intercollegiate Dressage Team goes to Mount Hoyoke Facility.

Sunday, October 15, six members of the Johnson & Wales Intercollegiate Dressage team competed in the First Annual Interscholastic Dressage Invitational held at Mount Holyoke College in South Hadley, MA.

The J & W students competed against teams from three other universities, two colleges and one private school.

Team A, made up of Laurie Reese, Kate Keegan and Niki Zarcades, finished in fifth place overall, with Laurie Reeses placing

third individually at First level with a score of 55.7 percent.

Team B, which included Lauren Ash, Matthew Eagan, and Robin Bolen, finished in ninth overall. Eagan placed second individually at training level with a score of 58.07 percent. Both teams were coached by Mary Kvetkas.

All of the students enjoyed the competition and meeting others from the New England area. That along with the outstanding Mount Holyoke facility, and its hospitable students and staff combined to make the day a complete success.

## Registration Hits JWU Again

Business & Hospitality Students:

Third Term Registration will take place in the Xavier Gymnasium according to the first letter of your last name. A-G Monday, November 13 9:00 a.m.-3:00 p.m. H-O Tuesday, November 14, 9:00 a.m. - 3:00 p.m. P-Z Wednesday, November 15, 9:00 a.m. - 3:00 p.m.

REMEMBER: YOU MUST REGISTER ON YOUR SPECIFIED DATE ACCORDING TO THE FIRST LETTER OF YOUR LAST NAME.

Culinary Arts & Pastry Arts: Winter Term Registration will take place in the Student Services Complex Gymnasium. A-L November 6, 9:00 a.m. - 3:00 p.m. M-Z November 7, 9:00 a.m. - 3:00 p.m. Students unable to attend may register at the Xavier Gym November 13-15, 9:00 a.m. - 3:00 p.m.

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## INSIDE THE CAMPUS HERALD

Did you miss the Homecoming  
Weekend Celebrations?  
See what you missed on pages 6&7.

Do you want to find out the  
latest hangover remedy?  
Look on page 4

Are you looking for a job  
or an apartment to rent?  
See the classifieds on page 11.



# NEWS: PART DEUX

## A bucket, a paintbrush, & broke-bottle dreams Clean-Up provides lifetime insight

by Doris Sock  
Senior Editor

Hey, now I know that everyone has seen the City Year office as they're going to Washington Hall. Well, just what was City Year? It's a time for volunteers from all around Rhode Island to pick up trash, paint and make Providence a more beautiful place to live.

Saturday morning everyone gathered in the field near the Amtrak station at around 7:30 a.m. We all descended on the coffee and donut table, just trying to get some energy

from the caffeine and sugar. Then when we were all on a sugar high, we were ready to go and paint. I personally was involved with FHA/HERO & FFA and we were assigned to paint the Genesis Center.

We all piled into a passenger van, and careened through Providence until we arrived. Excited though we were, we were a little bit afraid of the work ahead of us. But hey, painting isn't all that hard, and we figured that we could handle it. As assignments were passed out, we very quickly volunteered to paint a classroom as opposed to the stairs. What a choice!

We first had to wash the woodwork, then paint the walls, then scrape paint, then varnish the wood, and then wash the floor. We were done with this by lunchtime and were very tired and close to giving up. I don't think I've ever worked so hard in my life. This was good, solid, it-makes-you-feel-good work. We were pretty proud of ourselves by this time. However, this changed for some of us. While we were waiting for turpentine, a woman in charge of us, asked us if we would go clean up trash outside.

We were o.k. with this until she mentioned the fact that we shouldn't pick up any syringes. What??? Now I come from the city, but as far as seeing syringes in my everyday life... Never!

Right, so as we were bending over and picking up broken beer bottles, empty bags of chips, more broken beer bottles, some plastic pitchers and various plastic milk bottles, more beer bottles, encountered the pouring rain, more beer bottles and finally, the finale that

sent us all running inside, the bucket full of vomit.

This not only caused us to run however, many people in the neighborhood were very interested in our goings-on. One lady, told us we were wasting our time and that it would only be that way again next year. One man, sat a foot away just watching us. He was very weird. I mean, this was a great "cause" but some of it was strange and bizarre.

Well, after lunch, we started painting stairwells, which led to a paint fight. We were all so tired, we sat on the cold floor blowing up surgical gloves. Carol- how do you milk a cow.

By the time we were ready to go, it was pouring rain and we were soaked. All in all, it was a good day of painting and cleaning for Providence and I encourage everyone to get involved in City Year next year, it is a good growing experience. Thanks to everyone who participated from FHA/HERO & FFA.

## Let the Experience Blow You Away

For the third consecutive year JWU students attended the summer Trimester Abroad program held in the Hague, Holland and London.

While in the Hague the students attended lectures given by JWU faculty Prof. Paul Trznadel and Prof. Gwen Lavoie.

Student teams also competed in a computerized international business simulation. The educational component also included a trip to Brussels, Belgium, where the group was hosted by a representative of the Stockholm Region of the European Union. The students and faculty were also the guests of Farm Frites, a Dutch company that manufactures and markets potato

products throughout Europe. Many students were also able to make trips to Amsterdam, Bruges, Luxembourg, and Paris.

After three weeks in the Hague, the students traveled to London. Over the course of the last three years 51 students have participated in this summer program. Virtually everyone says that this is among their most rewarding University experiences.

If you would like to experience the summer Trimester Abroad Program for next summer, contact Prof. Paul Trznadel in Xavier, Room 420 or call 598-1490 for further information. The program is limited to 20 students, so act quickly.

## RI manual offers students tips for consumer protection

The Attorney General along with the Consumer Protection Unit developed and produced a pocket manual for college students in Rhode Island. The pocket manual includes certain things like information about how to purchase housing, automobiles with additional information on repair, banking basics, part-time work, travel tips, and moving and storage matters. Plus a section for using Rhode Island general laws and a resource guide. To get your consumer pocket manual, call the Attorney General's office at 1-800-852-7776 or 401-274-4400.

### THE CAMPUS HERALD STAFF

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Wagener

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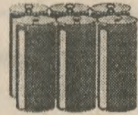


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5% discount\* with  
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\* Certain items excluded



1

Women  
sought to  
volunteer

2

Spend your  
spring  
working

3

Spend your  
Thanksgiving  
in RI

## BRIEFS

6

We'd like to  
know  
about you

7

Travel your  
way to the  
top

8

Pursue a  
scholarship  
in food

1

### Care? Energetic? You can help, too.

The Elizabeth Buffum Chace House in Warwick, a temporary shelter for women and children domestic violence victims, is seeking volunteer/interns for both Hotline positions and child care positions.

The hotline duties include offering support, options, and information to callers and residents who are victims of domestic violence.

The child care program offers a safe, structured environment for infants and preschool children. Volunteers/interns work with EBC's Child Care Coordinator.

Caring, energetic women who are interested are encouraged to contact our volunteer director at 738-9700 for more information and an application.

2

### Spring, part-time Fellowships offered

The Governor's Commission on the Handicapped is seeking applicants for its Spring Semester 1995 Schroeder Fellowship and Policy Internships. Each semester the Commission awards one fellowship of \$1,500 to a student enrolled in a Rhode Island college/university.

The "fellow" assists by working part time on disability policy and research. Students majoring in social work, education, law, political science, sociology and psychology who are interested in exploring the development of policy might be interested in applying.

To apply for a fellowship or an internship, contact the Governor's Commission on the Handicapped at (401) 277-3371 (v/tt) for more information. Applications must be postmarked or delivered to the Commission by November 17, 1995.

3

### J&W Inn isn't just talking turkey

The J&W Inn is offering a low holiday rate of \$19.95, plus tax, per person, based on double occupancy, for the week of November 20-24, 1995.

Invite your family to stay at the Inn and enjoy a Thanksgiving buffet at \$17.95, plus tax and gratuity, or the traditional dinner in Audrey's at \$14.95, plus tax and gratuity. Sleeping room reservations - 1-800-232-1772.

Thanksgiving reservations recommended, call 1-800-232-1772, ext.1534. Restrictions may apply. Subject to availability.

4

### Big-Apple-Bound anyone? Alumni invites you

On November 13, 1995, the Alumni Relations Office will be holding an alumni reception at the Waldorf Astoria Hotel, New York City, in conjunction with the International Hotel/Restaurant Show.

DEPARTURE 10 a.m. Chestnut's  
ARRIVE NYC 1 p.m.  
RECEPTION 6:30 p.m. - 9 p.m.  
DEPARTURE 9:30 p.m.  
ARRIVAL PROVIDENCE 12:30 p.m.  
*These times are approximate.*

Reservations are required on a first come first serve basis. If you decide not to ride the bus, but still plan to attend, please call Rebecca Brass in the Alumni Relations Office at ext. 1497 for reservations.

5

### Audition for the Community Players

The Community Players will hold auditions for the musical revue, SIDE BY SIDE BY SONDHEIM on Monday, November 6, and Tuesday November 7, 1995 at 7:30 p.m. at Jenks Junior High School, Division Street, Pawtucket, RI (across from McCoy Stadium). Director Sheila Ribeiro is looking for male and female singers of all ages. All roles are open and the cast size is flexible.

Auditioners should prepare a musical selection.

For further information call 781-6637.

6

### We'd like to know:

1. Why did you decide to transfer to JWU?
2. What are your thoughts about the transfer admissions process?
3. What positive contributions can you make to a new transfer group?

The Admissions department is starting a new JWU Transfer Student Group.

We need you to help guide and advise prospective transfer students through the admissions process. If you feel you can help and would like to get involved, just answer the three questions above and send your reply (handwritten or typed) to either Chris Buonocore in Par 5th Floor (ext.4771) or Dave Ickowitz at the Harborside campus (Ext.1892). Please respond by November 10, 1995.

7

### Travel Your way to the Top

Several positions will be available in the Travel & Tourism Internship Program for teaching assistants. In order to be considered for the position you must meet the following requirements:

- \* GPA of 3.0 or higher
- \* reliable mode of transportation
- \* be in good standing with the university
- \* an Associate degree in Travel & Tourism or completed travel internship. If you are interested please send a resume and cover letter to either Prof. Sabitoni or Dr. McGarr.

The deadline for resumes is November 6, 1995. Interviews will follow. If you should have any questions regarding the position please feel free to contact Prof. Sabitoni at 598-1705.

8

### Pursue a Food Award

To celebrate our 75 years of leadership in the areas of agriculture, food science and food production, Land O'lakes will award 75 \$1000 post-secondary scholarships to individuals who are pursuing degrees in agriculture - or food related fields and who submit winning essays. Applicants must be enrolled or planning to enroll part-time or full-time in a undergraduate degree program at an accredited college, university or vocational school.

If you need any additional information or materials, please contact Tamara Strentz at (312) 240 - 2733.

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(401) 331-8426

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# CARNIVAL



## THE LEMONADE STAND

### Smackmelon Em, Em Good

by: Gary W. Wagener

Two's a couple three's a powerhouse, at least in the case of Boston's explosive trio, Smackmelon. Smackmelon is a band whose dedication is to their music, not their image. Beneath the rust-coated tracks of Smackmelon you'll discover clever lyrics, gentle flowing time- changes, and deep melodic guitar textures.

"Blue Hour," Smackmelon's first full-length release, on the Relativity label, was recorded at Cambridge, Massachusetts' Fort Apache studios. Producer Tim O'Heir, whose impressive credits include Belly, Coldwater Flat, Come, Julianna Hatfield, Hole, and Radiohead, was the producer for Smackmelon's "Blue Hour." O'Heir has produced all of Smackmelon's studio work since the bands first four-song demo. If O'Heir's credibility and stature aren't enough to make you check out "Blue Hour," then check it out for Smackmelon's

musical energy and experience.

The second track on "Blue Hour, 'I'm Not Cool'," a local radio hit in the Boston area, originally pegged the band as a Husker Du clone. Upon further investigation, you'll discover that Smackmelon has a distinguishing sound one which separates the band from the Husker Du categoraiztions. Though "I'm Not Cool" has borderline comparisons to that of Husker Du, it's the only song on "Blue Hour" that rings similar to Bob Mould's wired trio. Smackmelon's Duke Roth (vocals/guitars) best explains, "There's always sort of a left hook that comes into our songs, something to knock you off your kilter." That left hook is what gives Smackmelon their own distinct identity.

Songs such as the bass-hooking "Cappuciano" and the pulsating pop of "Liar," give Smackmelon an identity of their own. The passion and energy that Smackmelon puts into each song is evident on "Blue Hour."



Duke Roth, Eric Jarmon, Robert Brazier all make up the band Smackmelon.



### HANG - OVER CURE WITH ERIC JOHNSON of ARCHERS OF LOAF

1 gallon Hellmann's mayonnaise  
2 sticks of butter( common household)  
16oz. Chebba water  
Any available body jam ( eye, ear, toe, etc.)  
Stir briskly  
Suck through straw.

### Christmas on Mars

Playing November 9 through December 10, Christmas in Mars is a romantic/domestic comedy and sexual Tragi-farce in the holiday spirit. In its own zany and off-beat way, Christmas on Mars is full of the holiday spirit. The play is a bold and entertaining plea for love, faith and compassion. If you would like to see Christmas on Mars, Call 831-2919. Tickets are \$12, Fridays and Saturdays, \$10 Thursdays and Sundays.

### Whick's World

by James Whicker  
Hey, James, thanks for the graphic!



How to tell if body piercing is out of control

### TELEMARKETERS NEEDED...

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&

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ARE PERSONABLE  
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HAVE THE JOHNSON & WALES UNIVERSITY SPIRIT

Then we need YOU for the...

**Johnson & Wales Student Phonathon**

Applications are now being accepted for the Fall Phonathon.

Interviews will be held anytime after October 25, 1995, between 2 - 4:30 p.m. Any interested students, please stop by the second floor of Plantations Hall between the above times, or call the Alumni Relations Office at (401) 598-1072 to make an appointment.

\*\*\*Sorry, workstudies need not apply\*\*\*

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# CARNIVAL



## It was a Jaw Waggin' Good Time

by: Prentice Murphy  
Music Dorque

The phone jangles on the desk next to my retina burning, bitten rainbow apple god. I fear it is another watered down malee of rhetoric with someone unprepared for battle. Alas, it seems that JAW BOX and (pinch me hard ...) JAW-BREAKER are tonight and I am the chosen one to tell the tale.

JAWBOX is always a good time, but I had never seen JAW-BREAKER before this night. I was in for a treat, before the show I was cruising the merchandise spot and talked to Kim (bass, JAWBOX) and Bill (guitar, JAWBOX) they told tales of peril on the road. How they miss the simple things, such as cooking and a full night's sleep. It seems that Kim's favorite road food was ... French fries smothered in cheese curd and gravy, YUM. Bill sells a few shirts and off to work they go. The whole gang emerges on stage with a flurry of clammoring drums, rocketing guitar and piercing vocals. The spectators are rustling about on the floor gearing up for the wave of people being sent their way. That is the start of round one...

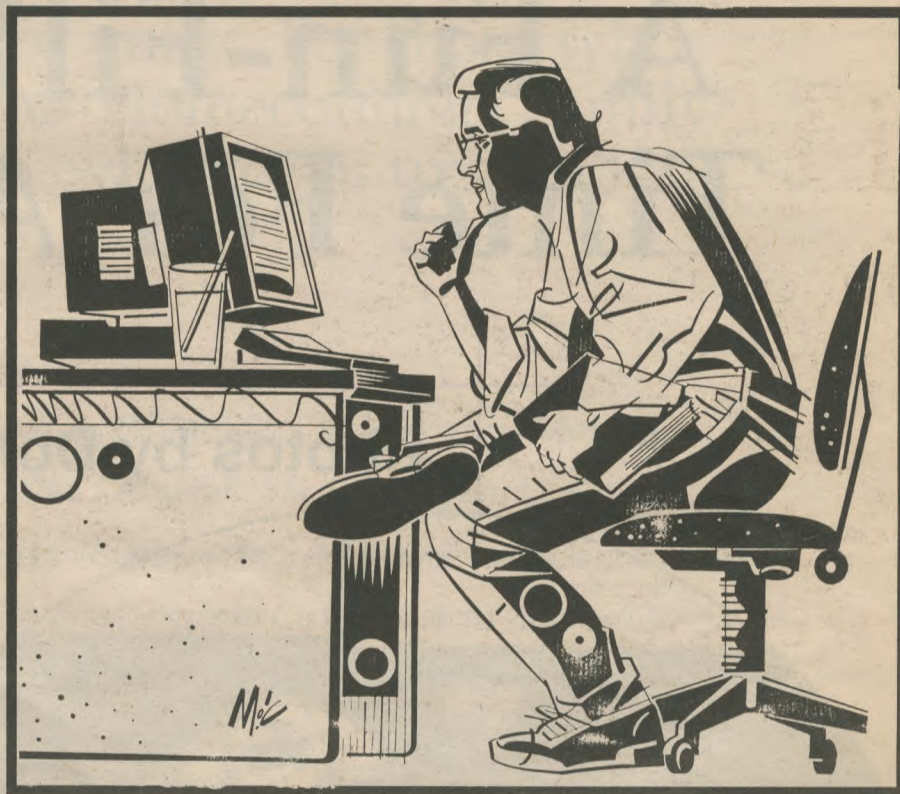
My friend Tim and I escape with our hides (for now) and met up with Chris (bass, JAWBREAKER)

and Adam (drums, JAWBREAKER) in the company van. We grill them for information on their current progression in the music business. They tell us of responsibilities and strange things like work related tax right-offs ... I wish I could get a new tattoo and write it off on my taxes, but I don't think I pay taxes, oh well.

Adam tells us of radio stations using equipment to smooth out levels in the recordings. Probably as not to cause a ten car pile-up when their song follows a classic track from Peter Cetera. Chris's parents had treated the men to a salmon dinner earlier and are hanging with the locals inside as we make our way through the sea of sweat ridden bodies.

JAWBOX are smashing out the end of their set and the surge of people are becoming weary. With just a few moments of rest, the crowd rushes the watering trough and restrooms. JAW BREAKER crashes the stage crunching out SHEILD YOUR EYES, the mass went crazy and it didn't stop for an hour or so. Kids just got a little carried away, throwing themselves about, but no one got hurt.

I recommend large doses of fun. Get out there and see and do what ever it is you do. I'm out seeing cool bands and meeting new



Be on the Lookout for Free Tickets to your favorite concerts from your friendly neighborhood music dorques: Gary and prentice.

# STRAND

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**PETER CRISS**  
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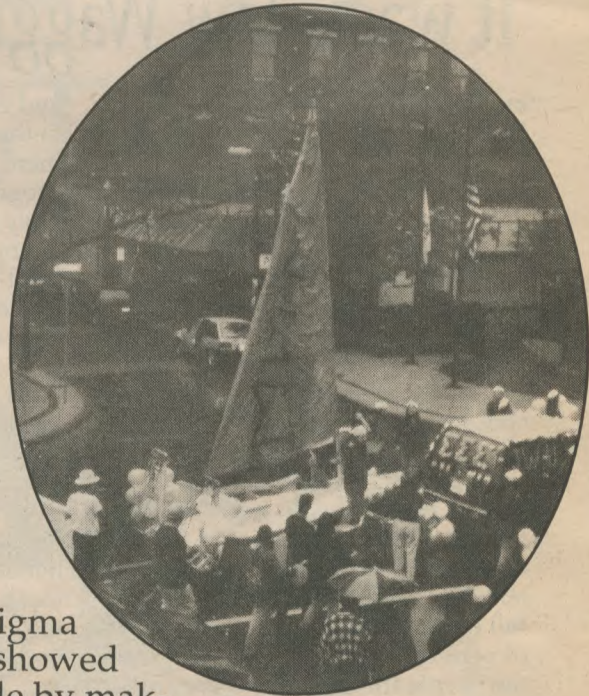
**WITH YOUNG NEAL & THE VIPERS**  
**FRIDAY, DECEMBER 8**  
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# School Spirit Po

## A Fun-Filled Time For All

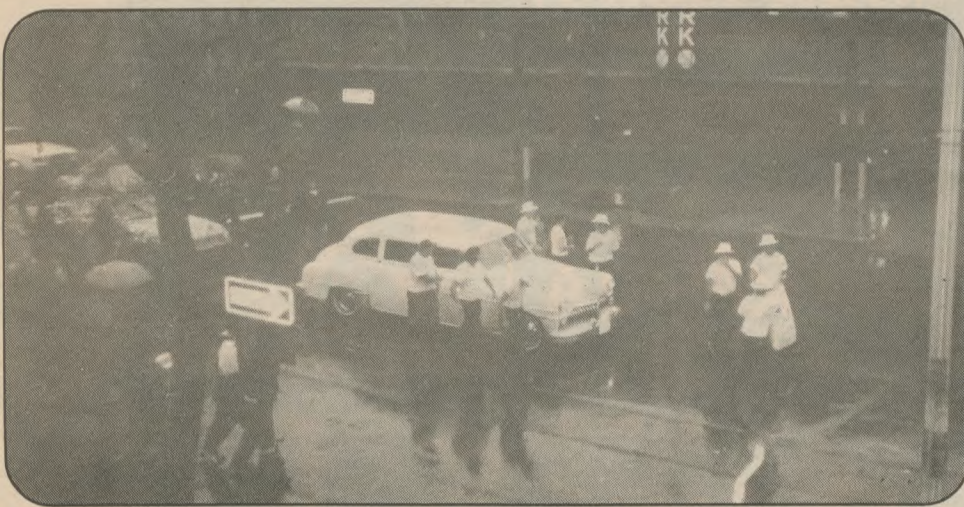
Photos by Doris Sock



The Tri Sigma Sorority showed their pride by making a purple sail boat as their float. They sailed by singing the Tri Sigma song and chanted in soaked by the rain T-shirts and jeans. This sorority won in the division contest over all the other Greek organizations. Congratulations!



Sigma Lamda Sigma and Sigma Lamda Delta showed their Latino pride in the parade and posed for this picture with the lion by their side. Hey, I thought cats didn't like water?



Strutting proud down the street in their white hats, the members of the Sigma Lamda Beta International Fraternity chanted their Fraternity's name and other chants as they marched in rhythm down Weybosset St.



Marlon Webb and Rebecca Piri first-crowned JWU Homecoming King, 1995.



# rs at JWU

It is hard to measure pride, enthusiasm or unity. For those who attended this past weekend's the first ever Homecoming/Family Weekend at Johnson & Wales University, evidence of tremendous school spirit was abundant in bucketfuls.

*I want to thank the students and staff who worked to make this weekend the success:*

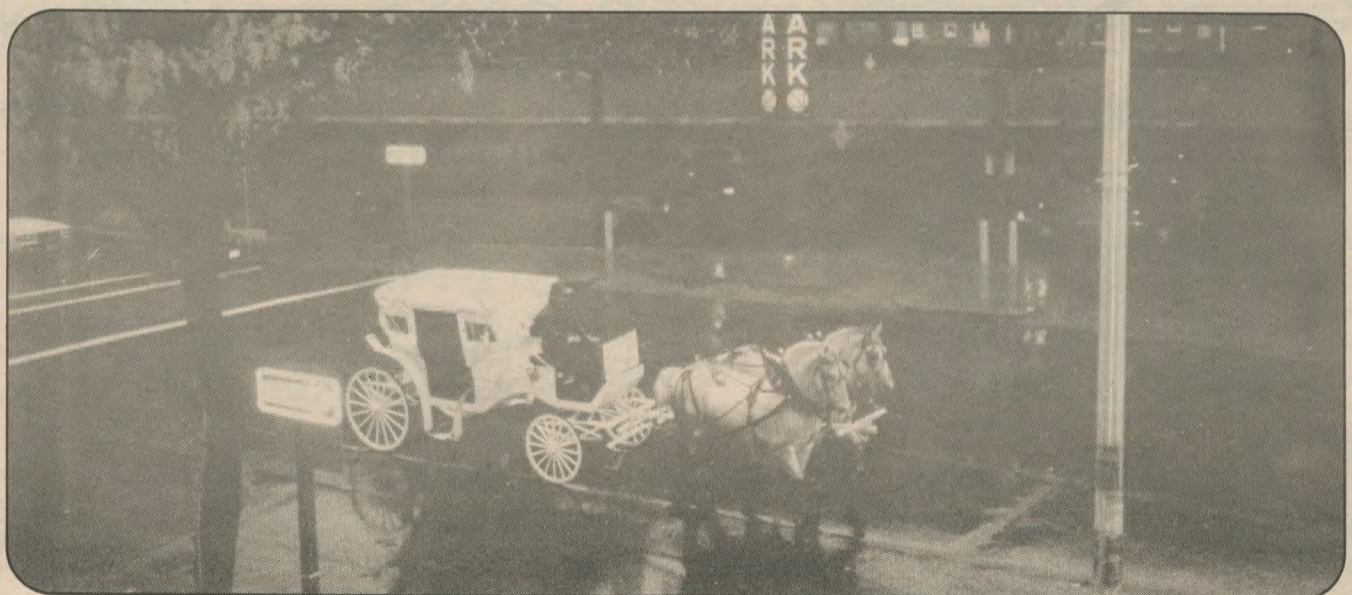
**Student Life:** Stephen Calabro, Erin O'Gara, Mark Beveridge, Edward Good, Isabel Mendez, Sister Francis Murphy, Nathalay Gajadar, David Stowell; **Student Publications:** Lindsey Levesque, Dan Ferrazzoli, Stacie Ingrassia, Doris Sock, **Alumni Affairs:** Rick Tarantino, Chelsea Horne, Rebecca Brass and; **Faculty Members:** Jack McKenna, Gail Dalpian, and Sam Postbrief; **Student Leaders:** Diana Brewer and Jenn Witt; **Culinary Archives:** Barbara Cook and staff; **Admissions Department:** Marie Bernardo, Tim Lorenz, Collegiate Ambassador Team and Rhonda Palumbo; **Transportation:** Carol Chace and Denise Neirinckx; **Safety and Security Department:** Charlie Graham, Jim Beauvais and staff; **Facilities Management:** Tom McCluskie, and Don Destefano.

*Thanks again to the students, staff, faculty, and families that made it all possible.*

*Sincerely,  
Liz Covino  
Director of Student Life.*



The excited winners of the Residence Hall division, McNulty Hall took the \$1000 with their float of a whole new world. What will they do with all that money??



were the  
queen and

Drawn by horse and buggy, the distinguished grand marshalls: Dr. Gaebe, Jeannie Coolum, and Tina Harrison waved to the crowd on Weybosset Street as the first float in the 1995 Homecoming parade.



# UNIVERSITY ROW

## Explore the Frontiers

THE AWARENESS CENTER for SPIRITUALITY is a group for personal growth & study open to all persons who want to explore the frontiers of human potential, healthy ways of living, and spirituality in everyday living.

The group is now meeting on the first Thursday of each month from 7:30 p.m. to 9 p.m.

**November 2**, "Facing the Fire: Heartful Living with life Threatening Illnesses- Our Own & Other's" Rev. David Proctor

**December 7**, "A Night of Lights: Meditation, Movement, & Song to Heal the Brokenness in Our Worlds" Hollis Burkhardt, Rev. David Proctor

New Beginnings meets at the Beneficent Congregational Church - UCC, 300 Weybosset Street, Downtown Providence off of I-95 Exit 21, the Downtown Ring Road, not far from the Civic Center, Trinity Theatre, Prov. Performing Arts Center, and Blue Cross/Blue Shield.

Contact the Rev. David Proctor for more information at Beneficent Church (401) 331-9844; fax (401) 831-0544.

## A Spiritual Support Group Designed Just for You

Campus Ministry- Sr. Fran, SND

### Bereavement Support Group:

Monday Evenings at 8 p.m. (For more information call Sr. Fran at X1830.)

### Meditation/Stress Management Group:

Every other Sunday at 8:00 p.m., Friendship Building. Next Meeting: Sunday, November 12.

Mass for JWU students every Sunday, St. Francis Chapel, 58 Weybosset St. 11:30 a.m. Sunday, November 5, there will be a reception following Mass.

Sr. Fran is available to speak in seminars for clubs, organization and Residence Halls: Relationships; Meditation/Stress Management; Techniques for supporting friends who are grieving; Bereavement, etc.

## As the Dorm Turns

Minden's Cultural Connection:

You are invited to a Halloween Costume Party!

Where: Minden Dining Hall

When: Tuesday October 31, 1995

Time: 4:30-6:30 p.m.

Come dressed in a costume and win prizes

1st Prize

Dinner for 2 at the University Friday Night dinner club

2nd Prize

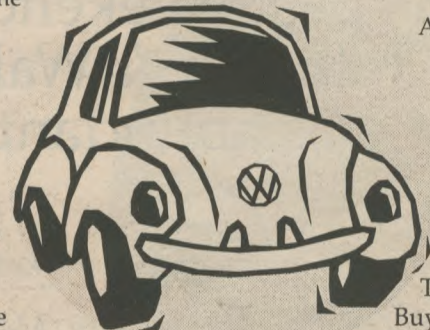
\$20 gift certificate to the J&W bookstore

3rd Prize

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Any Questions please call 598-4713

## Hey, Everybody, Drop Me A Line

Hello my name is Colin Fletcher, I am your new Junior Class Senator. I am very concerned on how students feel, or don't feel at Johnson & Wales University. It would be greatly appreciated if I could receive some feedback on how the school is treating the students, what the students want, or don't want, (food, education, dorms, other students etc...). If you have any problems, or just want to talk to me drop a letter in my mailbox at the friendship building, or call me at 598-4567.

## JWU Community

In the spirit of Thanksgiving, we ask all faculty, staff and student body members to help celebrate our own Thanksgiving by volunteering to help feed the hungry and those in need on Nov. 21, from 10 a.m. until 3 p.m. Service will be at the Lite House Grille and University Pasta Place. You may volunteer by calling Steve Hermosura, MDP, at ext. 2913. We need at least 60 people, so please find it in your hearts to help those in need. Thank you so much and Happy Thanksgiving.

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## OPEN HOUSE

*\*Meet faculty and staff \*Recieve information on programs\**

*\*Discuss career opportunities*

**DATE** : Sunday, November 5, 1995  
**PLACE** : Harborside Academic Center  
265 Hardorside Boulevard  
**TIME** : 12 - 3 p.m.

- ☐ Hospitality Administration
- ☐ Managerial Technology
- ☐ Accounting
- ☐ International Business

- ☐ Taxation
- ☐ Teacher Education
- ☐ Information Technology

Please call 1-800-343-2565 ext. 1015 or 598-1015 to confirm your attendance. Refreshments will be served.



# UNIVERSITY INVOLVEMENT BOARD

presents:

Thursday, December 14, 1995  
Holiday Dance Party  
The Strand  
Celebrate the Holiday Season in Style!!!

Friday, December 8, 1995  
MasterCard Acts Amateur Talent Search  
Culinary Gym  
8:00 pm  
Watch your friends compete for a chance to win \$15,000!!!

"Growing Up Brady: I Was a Teenage Greg"  
Wednesday, December 6, 1995  
Xavier Auditorium  
8:00 pm  
Barry Williams, a.k.a. Greg Brady talks about being a cast member of  
"The Brady Bunch".

**NFL/Ocean Spray Table Top Football Tournament**  
**Tuesday, November 14, 1995**  
**Culinary Arcade**  
**7:30 pm**

Teams of Two compete to win tickets to  
Super Bowl XXX and a \$10,000 scholarship!!!  
*Only 16 team spots available, enter immediately.*  
*Please fill out entry form below & return to Student Activities by Tuesday  
November 8th.*

## TEAM APPLICATION

TURN TO THE FRIENDSHIP BUILDING OR CULINARY ARCADE  
BY TUESDAY, NOVEMBER 8<sup>TH</sup>.

Cœetitor #1: \_\_\_\_\_ Phone # \_\_\_\_\_  
Cœetitor #2: \_\_\_\_\_ Phone # \_\_\_\_\_

Team Name: \_\_\_\_\_

CALL 598-2917 for MORE INFORMATION!!!!



# The Latino Connection: Mentors in Action

by Evelyn Rojas

**What advice do you have on how Latinos can make it easier for themselves to succeed?**

I was recently reading an article in the newspaper about the benefits of having a mentor. We all know how frustrating it is each year as the job market becomes increasingly competitive. While our options as Latinos have broadened significantly, we continue to face new challenges and sometimes obstacles to our success. Even with this in mind, in order to succeed, we need to have a positive outlook on life and understand that our possibilities are endless.

Creating a network of mentors can

help immensely in starting you on your career path. These mentors are men and women just like you. Mentors act as guides, preparing you for what lies ahead in your common fields and opening doors into competitive markets where it helps to know someone. Mentors can open your mind to new ways of thinking. They can also guide you while leaving room for you to make your own mistakes.

Why not take the step to find a mentor? There is an increasing number of Latinos in powerful positions. The trick is taking the initiative and making the connection. It is up to you to get to know people. One way of doing this can be volunteering your services in order to work closer with a mentor. If it is too difficult

to work closely with a mentor because of their time constraints, try expanding your sights to other avenues.

The places in which to start looking for your mentor would include local community leaders, college professors, and even friends of the family. Look in the newspaper for interesting leads, find articles on men and women who interest you or who have made recent strides in their profession. Get involved in national organizations and their chapters. There are various corporations and businesses that offer internships.

Once you have made your contacts, remember that organization on your part is important. Keep a rolodex with all your contacts, including where and when you met them and notes on what was

said. This helps you remind them who you are. It would be a good idea to get their business card, which would have their title, address, phone number, and fax number. Always send a note saying what a pleasure it was to meet them. Most important of all, "Don't Lose Touch."

The journey to success for everyone, especially Latinos, is very long and tough. Because of this reason, we must do all we can to make the journey as easy and productive as possible.

The Big Brothers and Big Sisters of Rhode Island are looking for Latino men and women to become mentors to children of the same nationality.

Be a mentor yourself!! For more information call 461-031.

## Greek Row

### ZETA BETA TAU

Zeta Beta Tau thanks everyone supported us in the Fraternity Flag Football weekend. We defeated Phi Kappa Sigma 28-0 in our first game and also defeated Tau Epsilon Phi 35-0.

Our second game with Phi Kappa Sigma was rained-out, but rescheduled for Friday, Nov. 3 at 10 a.m. Playoffs begin Nov. 4, with our first game against the Minden Moffi. Good luck to all teams in the playoffs.

### SIGMA DELTA TAU

We would like to congratulate the Iota class. Thanks to Zeta Beta Tau, Phi Kappa Sigma, and the soccer Team for all the fun, we hope to do it again soon. Good luck to the Women of the 90's keep up the good work. Stay tuned for details about our Halloween party at Lupo's with TKE.



Phi Kapps at Ronal McDonald House.

### PHI KAPPA SIGMA

On October 14th, the Brothers of Phi Kappa Sigma volunteered at the Ronald McDonald House. They helped by watersealing the deck and working on other house projects.



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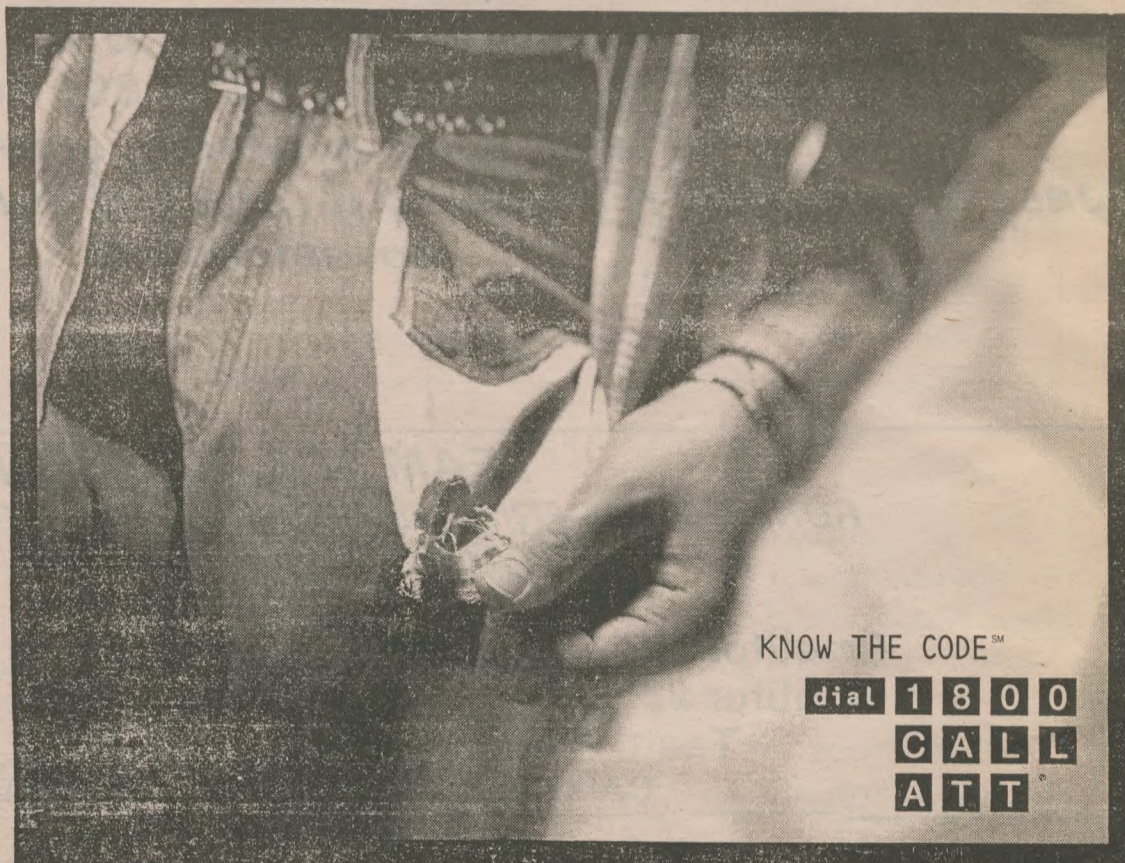
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## MEN'S CROSS COUNTRY

Results: 10/21/95 GNAC Men's Cross Country Championship  
JWU-25, Daniel Webster College-52, Endicott College-55, Rivier College Incomplete

## GRIFFINS TAKE HOME THE GNAC CROSS COUNTRY CHAMPIONSHIP

On Saturday, October 21, 1995, the Johnson & Wales Men's Cross Country team captured top honors at the Great Northeast Athletic Conference Championship with a low score of 25. The Griffins placed six runners in the top ten. Lead runner for Johnson & Wales was Neal Burton (fr., Wolcott, CT) who placed number 1 with a time of 30:24. Teammate, Chris Murphy (Williamstown, NJ) was second man across just six seconds later in a time of 30:30. Aaron Hasting (fr., Norwich, CT) and David Esterman (so., East Windsor, NJ) placed 6th and 7th with times of 34:44 and 34:47 respectively. Fernando Wright (fr., Monclair, NJ) placed 9th in a time of 36:31 and Keith Orstad (jr., Norwich, CT) placed 10th at 36:39. Burton Murphy, and Hastings were named to All Conference for the Great Northeast Athletic Conference.

## WOMEN'S SOCCER: Record 5-8-1

Results:

10/18/95 JWU 3, Rivier College 0

10/21/95 JWU 4, Daniel Webster College 2

10/22/95 JWU vs. Lasell College- canceled due to poor field conditions

Upcoming events: Wednesday, October 25, 1995 @ Rhode Island College 3:30p.m.

## WOMEN WIN TWO IN A ROW

On Wednesday, October 18, 1995, JWU defeated Rivier College by

the score of (3-0).

"This shutout was well deserved with the team playing a fabulous offensive and defensive game", said Coach Thomson. In the first half, Corrina Hooker (so., Monroe, NH) scored the first goal off a pass by April Koski (fr., Richmond, VA). Early in the second half, the Griffins continued the relentless attack and Carolina Gazzolo (so., Mansfield, MA) scored her third goal of the season with a brave header off the goal post. About mid-way through the half, Amber Hatem (fr., East Hartford, CT) scored her first goal of the season directly from a corner kick. Amber Hatem led the team with nine shots on goal and Corrina Hooker added eight of her own. Goalie, Lisa Epatein (so., Potomac, MD) shut out Rivier College with eighteen saves. "With Tia Pugh (fr., Kimberton, PA) taking over at sweeper and Kristen Bley (so., Melvin Village, PA) stepping into midfield, the women played a smart thoughtful game in which they kept the ball on the ground and passed accurately to the feet," said Coach Thomson.

## WOMEN'S VOLLEYBALL: Season

Record 10-10

Results:

# SPORTS

10/17/95 JWU defeats Lasell College 15-12, 15-4, 15-1

10/21/95 JWU defeats Daniel Webster College 15-5, 14-6, 15-9

10/21/95 Simmons defeats JWU 15-13, 15-5

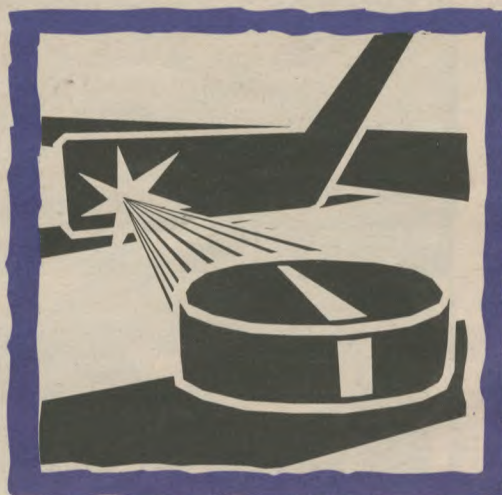
## WOMEN'S VOLLEYBALL ENDS WITH A 500 SEASONS

On October 13, 1995 the Women's Volleyball team took on Lasell College and were victorious (15-12, 15-4,

15-11). Nancy Shelar (fr., New Castle, PA) led the team with thirteen assists and two service aces. Michelle Gibbons (so., St. Thomas, VI) showed superb serving skills and power with six service aces, seven kills, and six solo blocks. This win boosted

the Lady Griffins to a (9-9) record.

On October 21, 1995, the Lady Griffins traveled to Daniel Webster College and came away with 1-1 record. JWU dropped the first match to Simmons College, but came back to post a victory against Daniel Webster College later in the day. Battling in the first game against Simmons College, the Lady Griffins kept the score close, mostly through the efforts of Michelle Gibbons (so., St. Thomas, VI) who blocked six balls. Nancy Shelar (fr., NW



Castle, PA) had 11 assists in the 15-13 loss. The second game ended early when Simmons scored six straight points and the Griffins were defeated 15-5. Nancy Shelar led the team with 10 assists. Against Daniel Webster College, JWU jumped out to 9-5 lead and never looked back in winning the first game 15-5. In the second game, although Johnson & Wales was down 10-14, they fought back to tie the game at 14, but lost on DWC's two service aces. In the third game, the Griffins took charge with an early lead 11-4 and coasted to a 15-9 match victory. Michelle Gibbons led the team with nine kills and eight assists for the match.

ICE HOCKEY: Record: 1-0  
Results: 10/21/95 JWU 8, Western Connecticut State Univ. 6

Upcoming Events: 10/28 @ Mass Maritime 9:00 p.m.  
10/29 University of Rhode Island 7:00 p.m.

## GRIFFINS WIN SEASONS OPENER

On Saturday, October 21, 1995, the JWU Men's Hockey took the ice in an impressive manner by defeating Western Connecticut State University by the score of 8-6 in their season opener at Providence College. Showing great team work and good communications, the Griffins led throughout the entire game. In his college debut, freshman Mark Daveaux (fr., Bathurst, Canada) had an outstanding game scoring 3 goals and 1 assist, while teammate Frank Azevedo (so., Barrington, RI) scored 2 goals and had 2 assists. Rory O'Connor (fr., Fairport, NY), Mike Melanon (sr., Waltham, MA) and Dave Thibeault (jr., Hartford, CT) all scored a goal. Goalie, Mike Grover (so., Minneapolis, MN) also performed excellent in goal with 44 saves.

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